

Widemouth Bay

3 miles south of Bude is Widemouth Bay which has glorious sandy beaches and rolling surf which will take your breath away as you gaze out to sea.

Although it looks like one huge beach, stretching across almost 1.5 miles, it is actually divided into the North and South Beach (also called Black Rock) by a natural barrier of rock.

Its beach is ideal for families and offers a variety of seaside activities. It's fabulous for surfing and swimming and is patrolled in the summer by RNLI lifeguards. Several surfing schools operate on the beach

Or you can hunt for marine life in the hundreds of rock pools

The sun is on the beach almost all of the day with the exception of very early in the morning and the sunsets are fabulous.

This stretch of coast is steeped in the smuggling history of times before, and not far south of Widemouth bay can be found some amazing little inlets and coves.

There is ample parking at Widemouth Bay.

There are cafes on and around the beach as well as an award winning freehouse inn on the hill above the bay. There are also beach shops, surf hire shops and other facilities and Bude town with all it has to offer is only a couple of minutes down the road.

The "South West Way" coastal path passes through here, which is Britain's longest footpath of 613 miles. Probably more than a day's walk, but is usually split up into smaller sections! Also the new "Sustrans National Cycle Network" has now been extended to take in Bude & Widemouth Bay.