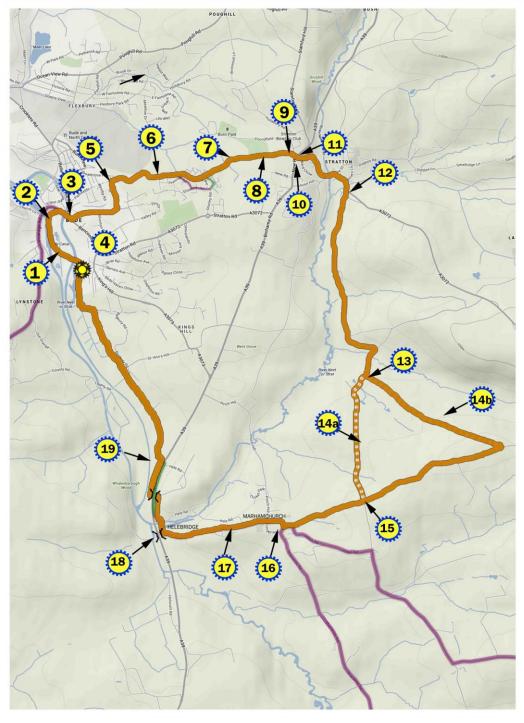


Farms & Villages



Route 3 6.5mi / 10.5km

A beautiful senic route of the villages and farms which surround Bude.

This route passes through the villages of, Stratton, Marhamchurch Helebridge.

This route is perfect for anyone who wants to explore Bude further than the beaches.

- **01288 353748**
- 07749 408100

Bude Bikes,
Pethericks Mill,
Bude EX23 8TF



Cycle Routes

- 1 Turn left out of the Cycle Centre onto the tarmac cycleway continue to the TIC (Tourist Information Centre) in the Crescent Car Park
- **2** Go straight across the front of the TIC to the main car entrance to the car park.
- **3** Cross the road $\stackrel{\text{W}}{\sim}$ and turn right and cross the river bridge to the roundabout!
- Take the 2nd exit (straight ahead) from the roundabout and then 1st left into Killerton Road continue 400m up Killerton Road to take the 1s left into Holnicote Road
- **5** Continue along Holnicote Road to its junction with Broadclose Hill, turn right
- 6 Cycle to the end of this road (past the front of the two schools and right at the mini-roundabout) then go through the iron railings onto the tarmac bridleway
- **7** Continue 300m on this bridleway to its end at the wooden bollards in the 'homezone' area of Bartlett Avenue.
- **8** Continue all the way along Bartlett Avenue, ignoring side turnings, then up Goldsworthy Drive and through the wooden bollards to the entrance path to the football field
- **9** Follow the tarmac bridleway round the edge of the field and on for 450m to Stratton Junior School car park
- **10** Go straight through the car park and its entrance lane to reach the A39/A3072 crossroads
- **11** Cross the A39 (use the traffic island on your left) and cycle down the road opposite (Hospital Road)

- Follow this road over the bridges, then turn right into Howard Lane (use hatched central area if appropriate)
- **13** Follow Howard Lane and take the sharp right bend after 1500m (ignoring the possible left turning at this bend)

200m after this right bend is a another junction where there are two alternative routes

- **14a** Either go straight on to follow Howards Land for a further 1050m (down and up two hills) to the next crossroads
- **14b** Or turn left to go 1200m up a long gradual leafy hill to the next junction, there turn right and cycle 1200m on the flat past farms to reach the same crossroads
- **15** At the crossroads, take the direction signed 'Marhamchurch' and continue to the T-junction at the Bullers Arms pub (unfortunately this pub is currently closed)
- Turn right and follow the pub wall round into Marhamchurch Square and on towards the church (the route is now on National Cycle Network route 3 with its blue signing all the way back to the Cycle Centre)
- **17** Go straight on past the church and on down Helebridge Road towards the A39
- 18 30m before the A39, turn right into Hele Road, cross two small bridges and, after 100m, go through the signed gateway on the left onto the separate tarmac cycleway beside the A39
- After 450m use the underpass and down the path opposite which leads to the cycleway back 1850m to the Cycle Centre (halfway along the cycleway there is a crossing of a small country lane).



